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International Seminar on

# INTEGRATED APPROACH TO AUTOIMMUNE DISORDERS

(4<sup>th</sup> - 6<sup>th</sup> August, 2019)

Poster Presentation  
Paper Presentation

Keynote Speakers



**Prof. M.S. Baghel**

Former Director  
IPGTR&A, Gujarat



**Prof. S.K. Joshi**

Director, Rishikul Campus  
UAU Haridwar, Uttarakhand



**Dr. B.M. Singh**

Prof. & HOD, Department of Balaroga,  
Banaras Hindu University, Varanasi (U.P.)



**Prof. Prakash Mangalasseri**

Department of Kaya Chikitsa  
VPSY, Kottakal, Kerala



**Vaidya Dilip P. Gadgil**

Ayurvedic Physician  
Pune, Maharashtra



**Dr. Yogesh Pandey**

Associate Prof. PG Department of  
Kayachikitsa Ch. Brahma Prakash,  
Ayurved Charak Sansthan, New Delhi



**Prof. G. S. Acharya**

Principal SDM College of Ayurveda  
Udupi, Karnataka



**Dr. S. Gopakumar**

Associate Professor, Department of  
Roga Nidana, GAC,  
Thiruvananthapuram, Kerala



**Dr. Sanjay Pokhariyal**

Prof. & Dean, Institute of Ayurveda  
Nepal Sanskrit University, Dang, Nepal



**Dr. Kashinath Samagandi**

Associate Professor, PG Department of  
Swastha Vritta, NIA, Jaipur



**Dr. Anurag Varshney (PhD MBA)**

Vice President and Head, Drug Discovery and Development, Patanjali Research  
Institute, Haridwar

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Contact No.: +91- 9877763347, +91- 9419236278

Address: Patanjali Yogpeeth, NH-58, Delhi-Haridwar Highway, Bahadrad-249405, Haridwar-, Uttarakhand





International Seminar  
on  
**INTEGRATED APPROACH  
TO  
AUTOIMMUNE DISORDERS**  
(4<sup>th</sup> - 6<sup>th</sup> August, 2019)



**Venue:**

**PATANJALI BHARTIYA  
AYURVIGYAN  
EVUM**

**ANUSANDHAN SANSTHAN**

Patanjali Yogpeeth, NH-58, Delhi-Haridwar Highway,  
Bahadrabad-249405, Haridwar-, Uttarakhand

*An exclusive opportunity for the scholars  
to present their research papers*

Last Date for Submission of abstract/full paper:

**10th July 2019**

*E-mail: [pacseminars@divyayoga.com](mailto:pacseminars@divyayoga.com)*

## **ABOUT PATANJALI YOGPEETH**

Patanjali Yogpeeth is one of the most renowned & biggest institute of India, which is globally famous for its treatment in ayurveda, yoga and naturopathy. It is situated in Haridwar (Devbhoomi Uttarakhand) also known as city of temples, vishnu nagari, maya nagari and kumbhnagari.; which is famous for its spiritual environment, natural beauty, holy ganges. It's holy ambience is itself a educator for learners' of holistic development, named after Rishi Patanjali, the institute is a flagship project of his '*Holiness Yogrishi Swami Ramdev and Acharya Balkrishan Ji Maharaj*'. The purpose of the institute is to practice, research and develop ayurveda and yoga. The first yogpeeth campus is operational from 2006 whereas the second campus from April 2009. The institute aims to carry out welfare activities in the spheres of healthcare, education and other socioeconomic activities. This year patanjali yogpeeth has completed 13 years of its establishment.

## **ABOUT PATANJALI AYURVED COLLEGE AND HOSPITAL**

Patanjali Ayurved College has been established on 4th Jan, 2010 and inaugurated by the Union Health Minister Sh. Gulam Nabi Azad. The College has been running undergraduate (BAMS) batches with a strength of 100 students and postgraduate (MD/MS) batches with strength of 5 students in 8 branches of Ayurveda. The Hospital Associated with the College is one of the Largest Ayurvedic Hospitals in the world with NABH Accreditation. It has OPD capacity of 2000 patients per day and IPD of 220 beds along with a well equipped panchkarma and shatkarma departments. It has exclusive research centre as well as diagnostic facilities consisting of pathology lab and imaging equipment. The Hospital also marks the presence of surgical unit and a fully functional shalakya unit, Kayachikitsa, Balroga and Stree evam Prastuti tantra along with swasthaya rakshana OPD for life style and diet modification.

## **ABOUT CONFERENCE**

The Purpose of this Conference is to bring together international scholars working in the field of medical research, ayurveda, scientists, etc. to share their views on different aspects of autoimmune disorders. This conference will provide a solid platform to the scientists and scholars from various organisations to put forth their innovative ideas, research findings by means of oral/electronic presentation, discussion and poster presentation, etc. and to come out with positive outcomes in the management of autoimmune disorders.

## **CALL FOR ABSTRACT/FULL PAPER**

The Participants are cordially invited for the presentation on the main topic or related topics of the conference. Full Paper/Abstracts received by due dates will be reviewed by panel of experts and notification of acceptance will be mailed to the author. It is requested to ensure an original unpublished full paper or abstract in english not exceeding 250 Words.

Email ID: [pacseminars@divyayoga.com](mailto:pacseminars@divyayoga.com)

Website: [www.pac.divyayoga.com](http://www.pac.divyayoga.com)

Last Date of Submission: 10/07/2019

# REGISTRATION FEES

The registration fee is mandatory for attending the conference

Category	Before 1 <sup>st</sup> July 2019	After 1 <sup>st</sup> July 2019
Foreign Delegate	75 USD	100 USD
Delegate	3000/-	3500/-
PG/ Research Scholars	2500/-	3000/-
UG students	2000/-	2500/-
Accommodation Charges	1500/- (Non AC For 3 Nights)	3000/- (AC For 3 Nights)

## THEME OF SEMINAR

### Basic concepts:

1. Fundamental approach of Ayurveda towards Autoimmune Disorders.
2. Role of *Ama* to initiate the Autoimmune Disorders and its management.
3. Role of *Shat-kriya Kala* in understanding Autoimmune Disorders.
4. Role of *Prakriti* and *Garbhaja Bhavas* in causation of Autoimmune Disorders.
5. Importance of *Nidana Panchaka* in understanding of autoimmune disorders.
6. Role of *Trividha Rogayatana* in Autoimmune Disorders.

### Diagnosing through Ayurveda:

1. Establishing the importance of *Pareeksha* in diagnosis of Autoimmune Disorders.
2. Assessment of *Avarana* in Autoimmune Disorders.
3. Role of *Nidana Panchak* in the diagnosis of Autoimmune Disorders.


### Preventive approach:

1. Practical approach to *Trayopastambha* in preventing Autoimmune Disorders.
2. Concept of *Vyadhi Kshamatva* in Autoimmune Disorders.
3. Importance of *Swasthivritta* in prevention of Autoimmune Disorders.
4. Role of Yoga and Naturopathy in prevention of Autoimmune Disorders.
5. Concept of *Viruddha Ahara* in Autoimmune Disorders.

### Management:

1. Understanding and management of autoimmune disorders according to Ayurveda principles.
2. Role of *Panchakarma* and *Kriyakalpa* in the management of Autoimmune Disorders like RA, Psoriasis, SLE, Ankylosing Spondylosis, Sjogren's syndrome etc.
3. Role of Herbo-Mineral preparations in the management of Autoimmune Disorders.
4. Usage of *Ekala dravyas* in the management of Autoimmune Disorders.
5. Significance of *Rasayana* in the management of Autoimmune Disorders.
6. Role of Yoga and Naturopathy in the management of Autoimmune Disorders.

# SPEAKERS

 <b>Prof. M.S. Baghel</b> Former Director IPGTR&A, Gujarat	 <b>Prof. S.K. Joshi</b> Director, Rishikul Campus UAU Haridwar, Uttarakhand
 <b>Dr. B.M. Singh</b> Prof. & HOD, Department of Balaroga, Banaras Hindu University, Varanasi (U.P.)	 <b>Prof. Prakash Mangalasseri</b> Department of Kaya Chikitsa VPSY, Kottakal, Kerala
 <b>Vaidya Dilip P. Gadgil</b> Ayurvedic Physician Pune, Maharashtra	 <b>Dr. Yogesh Pandey</b> Associate Prof. PG Department of Kayachikitsa Ch. Brahma Prakash, Ayurved Charak Sansthan, New Delhi
 <b>Prof. G. S. Acharya</b> Principal SDM College of Ayurveda Udupi, Karnataka	 <b>Dr. S. Gopakumar</b> Associate Professor, Department of Roga Nidana, GAC, Thiruvananthapuram, Kerala
 <b>Dr. Sanjay Pokhariyal</b> Prof. & Dean, Institute of Ayurveda Nepal Sanskrit University, Dang, Nepal	 <b>Dr. Kashinath Samagandi</b> Associate Professor, PG Department of Swastha Vritta, NIA, Jaipur
 <b>Dr Anurag Varshney</b> (PhD MBA) Vice President and Head, Drug Discovery and Development, Patanjali Research Institute, Haridwar	

# ORGANISING COMMITTEE

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# International Seminar on "INTEGRATED APPROACH TO AUTOIMMUNE DISORDERS"

on

(4<sup>th</sup> - 6<sup>th</sup> August, 2019)

## Registration Form

(Photocopy can also be used)

Name of Participant (In Block Letters) \_\_\_\_\_

Qualification: \_\_\_\_\_

Designation: \_\_\_\_\_

Name of College: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Fees Paid: \_\_\_\_\_

Amount in words: \_\_\_\_\_

Mode of Payment: ☐ Cash ☐ Online Payment

DD/Cheque/Online Transaction No.: \_\_\_\_\_

Dated: \_\_\_\_\_ Drawn on Bank: \_\_\_\_\_

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The registration fee (includes Tea, Breakfast, Lunch, Conference Kit) should be made by NEFT/RTGS/Online Banking/Cash Deposit in favor of **Patanjali Bhartiya Ayurvigyan Avam Ansd. Sanst.** payable at **PNB A/c No. 4871002100002768, IFSC Code: PUNB0487100** PNB Bank, Haridwar. The Scanned copy of registration form and online payment details can be mailed to [pacseminars@divyayoga.com](mailto:pacseminars@divyayoga.com)

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Signature of Participants

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## **Guidelines for submission of abstract**

The abstracts are invited as per the theme of the seminar. The contents of abstract should include background, objectives, methods, results and conclusions. The title should be in capital and in bold followed by name of authors (with first name first, then middle name followed by family name) and their institutional address with email address of the corresponding author. Do not append degrees, professional designations, etc to names. The name of presenting author should be underlined. The abstract should be typed using Microsoft Word (Times New Roman, font size 12 and 1.5 pt. spacing between lines, limit 250 words). Abbreviations used in the body of an abstract should be defined at their first mention in the text. Abstract should be sent preferably through email to **[pacseminars@divyayoga.com](mailto:pacseminars@divyayoga.com)**

Abstract will be considered for presentation, only if they are accompanied by registration fee of presenting author. Normally only one paper is allowed per author, unless prior permission of organizers is taken. Last date for the abstract submission is 10 July 2019. All presenters must fill REGISTRATION FORM and send to organizers. If an abstract is accepted and Presenter does not register, the abstract will be withdrawn.

### **Guidelines for Oral presentation Time limits**

#### **Oral presentations -05 min**

The time limit will be strictly adhered to LCD projectors for use of MS Power Point slides in Windows 7 computers provided. Presenters should be present at the venue at least 15 minutes before the scheduled start of the session and are expected to stay till the end of the session.

### **Guidelines for poster presentation**

Posters size should not exceed 4x3 ft (LxB). Presenters should mount their posters in the assigned area at least 15 minutes before the scheduled start of the session and are expected to be present besides the posters throughout the poster session. Posters should be dismounted immediately after the end of the session.



# **Aayushkaameeya - 2019**

An International seminar on

Integrated approach to Autoimmune Disorders

How to register:

## **Online method**

- Open website [www.pac.divyayoga.com](http://www.pac.divyayoga.com)
- Click on the scrolling link Aayushkaameeya 2019.
- Detailed brochure will open in a new window.
- Take the printout of the registration form and fill it completely.
- Deposit the registration amount with or without accomodation in the specified bank account and mention that in the registration form.
- Scan the duly filled registration form and receipt of amount deposited and email them to [pacseminars@divyayoga.com](mailto:pacseminars@divyayoga.com)
- Confirmation of the registration will be sent to you via email or Whatsapp.

## **Offline Method**

- Duly fill the registration form and submit to the organizing committee between 9AM to 4PM ( Monday to Saturday ).
- Deposit the registration charges with or without accomodation in cash or electronic transfer.
- Confirmation of the registration will be sent to you via email or Whatsapp.