INTEGRATED APPROACH
TO AUTOIMMUNE DISORDERS

(4th - 6th August, 2019)

Keynote Speakers

Prof. M.S. Baghel
Former Director
IPGTR&A, Gujarat

Prof. S.K. Joshi
Director, Rishikul Campus
UAU Haridwar, Uttarakhand

Prof. B.M. Singh
Prof. & HOD, Department of Balaroga,
Banaras Hindu University, Varanasi (U.P.)

Prof. Prakash Mangalasseri
Department of Kaya Chikitsa
VPSY, Kottakal, Kerala

Vaidya Dilip P. Gadgil
Ayurvedic Physician
Pune, Maharashtra

Dr. Yogesh Pandey
Associate Prof. PG Department of
Kayachikitsa Ch. Brahma Prakash,
Ayurved Charak Sansthan, New Delhi

Prof. G. S. Acharya
Principal SDM College of Ayurveda
Udupi, Karnataka

Dr. S. Gopakumar
Associate Professor, Department of
Roga Nidana, GAC,
Thiruvananthapuram, Kerala

Dr. Sanjay Pokhariyal
Prof. & Dean, Institute of Ayurveda
Nepal Sanskrit University, Dang, Nepal

Dr. Kashinath Samagandi
Assistant Professor, PG Department of
Swastha Vritta, NIA, Jaipur

Dr. Anurag Varshney (PhD MBA)
Vice President and Head, Drug Discovery and Development, Patanjali Research
Institute, Haridwar

Limited Seats!!
Register Today
International Seminar on INTEGRATED APPROACH TO AUTOIMMUNE DISORDERS (4th - 6th August, 2019)

An exclusive opportunity for the scholars to present their research papers

Last Date for Submission of abstract/full paper: 10th July 2019

E-mail: pacseminars@divyayoga.com
ABOUT PATANJALI YOGPEETH

Patanjali Yogpeeth is one of the most renowned & biggest institute of India, which is globally famous for its treatment in ayurveda, yoga and naturopathy. It is situated in Haridwar (Devbhoomi Uttarakhand) also known as city of temples, vishnu nagari, maya nagari and kumbh nagari.; which is famous for its spiritual environment, natural beauty, holy ganges. Its holy ambience is itself a educator for learners' of holistic development, named after Rishi Patanjali, the institute is a flagship project of his 'Holiness Yogrishi Swami Ramdev and Acharya Balkrishan Ji Maharaj'. The purpose of the institute is to practice, research and develop ayurveda and yoga. The first yogpeeth campus is operational from 2006 whereas the second campus from April 2009. The institute aims to carry out welfare activities in the spheres of healthcare, education and other socioeconomic activities. This year patanjali yogpeeth has completed 13 years of its establishment.

ABOUT PATANJALI AYURVED COLLEGE AND HOSPITAL

Patanjali Ayurved College has been established on 4th Jan, 2010 and inaugurated by the Union Health Minister Sh. Gulam Nabi Azad. The College has been running undergraduate (BAMS) batches with a strength of 100 students and postgraduate (MD/MS) batches with strength of 5 students in 8 branches of Ayurveda. The Hospital Associated with the College is one of the Largest Ayurvedic Hospitals in the world with NABH Accreditation. It has OPD capacity of 2000 patients per day and IPD of 220 beds along with a well equipped panchkarma and shatkarma departments. It has exclusive research centre as well as diagnostic facilities consisting of pathology lab and imaging equipment. The Hospital also marks the presence of surgical unit and a fully functional shalakya unit, Kayachikitsa, Balroga and Stree evam Prastuti tantra along with swasthaya rakshana OPD for life style and diet modification.

ABOUT CONFERENCE

The Purpose of this Conference is to bring together international scholars working in the field of medical research, ayurveda, scientists, etc. to share their views on different aspects of autoimmune disorders. This conference will provide a solid platform to the scientists and scholars from various organisations to put forth their innovative ideas, research findings by means of oral/electronic presentation, discussion and poster presentation, etc. and to come out with positive outcomes in the management of autoimmune disorders.

CALL FOR ABSTRACT/FULL PAPER

The Participants are cordially invited for the presentation on the main topic or related topics of the conference. Full Paper/Abstracts received by due dates will be reviewed by panel of experts and notification of acceptance will be mailed to the author. It is requested to ensure an original unpublished full paper or abstract in english not exceeding 250 Words.

Email ID: pacseminars@divyayoga.com
Website: www.pac.divyayoga.com
Last Date of Submission: 10/07/2019
The registration fee is mandatory for attending the conference.

### REGISTRATION FEES

<table>
<thead>
<tr>
<th>Category</th>
<th>Before 1st July 2019</th>
<th>After 1st July 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foreign Delegate</td>
<td>75 USD</td>
<td>100 USD</td>
</tr>
<tr>
<td>Delegate</td>
<td>3000/-</td>
<td>3500/-</td>
</tr>
<tr>
<td>PG/ Research Scholars</td>
<td>2500/-</td>
<td>3000/-</td>
</tr>
<tr>
<td>UG students</td>
<td>2000/-</td>
<td>2500/-</td>
</tr>
<tr>
<td>Accomodation Charges</td>
<td>1500/- (Non AC For 3 Nights)</td>
<td>3000/- (AC For 3 Nights)</td>
</tr>
</tbody>
</table>

### THEME OF SEMINAR

#### Basic concepts:
1. Fundamental approach of Ayurveda towards Autoimmune Disorders.
2. Role of Ama to initiate the Autoimmune Disorders and its management.
3. Role of Shat- kriya Kala in understanding Autoimmune Disorders.
4. Role of Prakriti and Garbhaja Bhavas in causation of Autoimmune Disorders.
5. Importance of Nidana Panchaka in understanding of autoimmune disorders.
6. Role of Trividha Rogayatana in Autoimmune Disorders.

#### Diagnosing through Ayurveda:
1. Establishing the importance of Pareeksha in diagnosis of Autoimmune Disorders.
2. Assessment of Avarana in Autoimmune Disorders.
3. Role of Nidana Panchak in the diagnosis of Autoimmune Disorders.

#### Preventive approach:
1. Practical approach to Trayopastambha in preventing Autoimmune Disorders.
2. Concept of Vyadhi Kshamatva in Autoimmune Disorders.
3. Importance of Swasthvrutta in prevention of Autoimmune Disorders.
4. Role of Yoga and Naturopathy in prevention of Autoimmune Disorders.
5. Concept of Viruddha Ahara in Autoimmune Disorders.

#### Management:
1. Understanding and management of autoimmune disorders according to Ayurveda principles.
2. Role of Panchakarma and Kriyakalpa in the management of Autoimmune Disorders like RA, Psoriasis, SLE, Ankylosing Spondylosis, Sjogren's syndrome etc.
3. Role of Herbo-Mineral preparations in the management of Autoimmune Disorders.
4. Usage of Ekala dravyas in the management of Autoimmune Disorders.
5. Significance of Rasayana in the management of Autoimmune Disorders.
6. Role of Yoga and Naturopathy in the management of Autoimmune Disorders.
### SPEAKERS

<table>
<thead>
<tr>
<th>Name</th>
<th>Position/Role</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prof. M.S. Baghel</strong></td>
<td>Former Director, IPGTR&amp;A, Gujarat</td>
</tr>
<tr>
<td><strong>Dr. B.M. Singh</strong></td>
<td>Prof. &amp; HOD, Department of Balaroga, Banaras Hindu University, Varanasi (U.P.)</td>
</tr>
<tr>
<td><strong>Vaidya Dilip P. Gadgil</strong></td>
<td>Ayurvedic Physician, Pune, Maharashtra</td>
</tr>
<tr>
<td><strong>Prof. G. S. Acharya</strong></td>
<td>Principal SDM College of Ayurveda, Udupi, Karnataka</td>
</tr>
<tr>
<td><strong>Dr. Sanjay Pokhriyal</strong></td>
<td>Prof. &amp; Dean, Institute of Ayurveda, Nepal Sanskrit University, Dang, Nepal</td>
</tr>
<tr>
<td><strong>Dr. Anurag Varshney</strong></td>
<td>Vice President and Head, Drug Discovery and Development, Patanjali Research Institute, Haridwar</td>
</tr>
<tr>
<td><strong>Prof. S.K. Joshi</strong></td>
<td>Director, Rishikul Campus, UAU Haridwar, Uttarakhand</td>
</tr>
<tr>
<td><strong>Prof. Prakash Mangalasseri</strong></td>
<td>Department of Kaya Chikitsa, VPSY, Kottakal, Kerala</td>
</tr>
<tr>
<td><strong>Prof. &amp; HOD, Department of Balaroga, Banaras Hindu University, Varanasi (U.P.)</strong></td>
<td>Associate Prof. PG Department of Kayachikitsa Ch. Brahma Prakash, Ayurved Charak Sansthan, New Delhi</td>
</tr>
<tr>
<td><strong>Prof. &amp; HOD, Department of Balaroga, Banaras Hindu University, Varanasi (U.P.)</strong></td>
<td>Associate Professor, Department of Roga Nidana, GAC, Thiruvananthapuram, Kerala</td>
</tr>
<tr>
<td><strong>Dr. S. Gopakumar</strong></td>
<td>Assistant Professor, PG Department of Swastha Vritta, NIA, Jaipur</td>
</tr>
<tr>
<td><strong>Dr. Yogesh Pandey</strong></td>
<td>Associate Prof. PG Department of Kayachikitsa Ch. Brahma Prakash, Ayurved Charak Sansthan, New Delhi</td>
</tr>
<tr>
<td><strong>Dr. S. Gopakumar</strong></td>
<td>Associate Professor, Department of Roga Nidana, GAC, Thiruvananthapuram, Kerala</td>
</tr>
<tr>
<td><strong>Dr. Kashinath Samagandi</strong></td>
<td>Assistant Professor, PG Department of Swastha Vritta, NIA, Jaipur</td>
</tr>
</tbody>
</table>

### ORGANISING COMMITTEE

<table>
<thead>
<tr>
<th>Role</th>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patron</td>
<td>P.P. Swami Ramdev Ji Maharaj, P.S. Acharya Balkrishna Ji Maharaj</td>
</tr>
<tr>
<td>Co-Patron</td>
<td>Vaidya Rajesh Kotecha, Prof. Abhimanyu Kumar</td>
</tr>
<tr>
<td>Chairman</td>
<td>Sh. Lalit Mohan Ji</td>
</tr>
<tr>
<td>Co-Chairman</td>
<td>Prof. D.N. Sharma, Dr. Anurag Varshney</td>
</tr>
<tr>
<td>Organising Secretary</td>
<td>Dr. Daya Shankar Singh, Prof. Vikram Gupta, Dr. Dhruv Kumar Mishra, Dr. Pratyush Kumar, Dr. Ketan Mahajan, Dr. Abhishek Bhushan Sharma, Dr. Shaveta Sawhney</td>
</tr>
<tr>
<td>Joint Secretary</td>
<td>Dr. Shivani Mahajan, Dr. Rajeev Singh, Dr. Preeti Pahwa, Dr. Piyush Versha, Dr. Ashish Goswami, Dr. Vinamara Sharma</td>
</tr>
<tr>
<td>Scientific Committee</td>
<td>Dr. G.V. Karunakar, Dr. Ramakant Marde, Dr. Munna Kumar, Dr. Prabhat Srivastava, Dr. Bislesh Rajput, Dr. Vibhuti Chandrakar, Dr. Piyush Gupta, Dr. Priyanka Wadhwa, Dr. Nripendra Pandey</td>
</tr>
<tr>
<td>Convenor</td>
<td>Dr. Sachin Ravan, Dr. Monika Chauhan, Dr. Manoj Bhati, Dr. Narendra Vats, Dr. Avinash Tiwari, Dr. Lumi Bhagat, Dr. Saurabh Sharma, Dr. Dheeraj Kumar Tyagi, Dr. Neha Verma, Dr. Neha Arya</td>
</tr>
</tbody>
</table>
Registration Form
(Photocopy can also be used)

Name of Participant (In Block Letters)_________________________________________________
_____________________________________________________________________________
Qualification: ___________________________________________________________________
Designation: ___________________________________________________________________
Name of College: ________________________________________________________________
_____________________________________________________________________________
Postal Address: _________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

Fees Paid: _____________________________________________________________________
Amount in words: ________________________________________________________________
Mode of Payment:             Cash                                  Online Payment
DD/Cheque/Online Transaction No.:_________________________________________________
Dated: ___________________        Drawn on Bank: ____________________________________
Mobile No. _____________________________________________________________________
E-mail Id: ______________________________________________________________________

The registration fee (includes Tea, Breakfast, Lunch, Conference Kit) should be made by NEFT/RTGS/Online Banking/Cash Deposit in favor of Patanjali Bhartiya Ayurvigyan Avam Ansd. Sanst. payable at PNB A/c No. 4871002100002768, IFSC Code: PUNB0487100 PNB Bank, Haridwar. The Scanned copy of registration form and online payment details can be mailed to pacseminars@divyayoga.com

Contact No.: +91- 9877763347, +91- 9419236278

Signature of Participants
Vd. Rajesh Kotecha, Secretary, Ministry of AYUSH, GOI
Prof. K.S. Dhiman, Director General-CCRAS
Vd. Jayant Deo Pujari, President-CCIM
Dr. D.C. Katoch, Advisor, Ministry of AYUSH, GOI
Dr Manoj Nesari, Advisor, Ministry of AYUSH, GOI
Padmabhusan Vd. Devendra Triguna
Prof. Abhimanyu Kumar, Vice Chancellor, Uttrakhand University
Prof. Tanuja Nesari, Director, AIIA, New Delhi
Sh. Pramod K Pathak, Addl. Sec. Ministry of AYUSH, GOI
Vd. Sanjiv M. Oza, Vice Chancellor, Gujarat Ayurved University
Dr. Y.B. Tripathi, Dean, IMS, BHU
Prof. Balram Bhargava, DG, ICMR
Prof. Sanjeev Sharma, Director, NIA, Jaipur
Prof. Y K Gupta, Director- AIIMS, New Delhi
Prof. P K Goswami, Director- NEIAH, Meghalaya
Prof. Ajay Kumar Sharma, Ex-Director, NIA, Jaipur
Dr. A.K. Tripathi, Director, Ayush, Uttarakhand
Prof. Prassanna Rao, Principal- S.D.M. College of Ayurveda, Hassan
Prof. B S Prasad, Principal, KLE University, Belgaum
Prof. Suresh Chaubey, Rishikul Parisar, Uttarakhand Ayurved University
Dr. P.M. Varier, Kerela
Prof. B.M. Gupta, President, Vishwa Ayurved Parishad
Prof. Prem Chand Shastri, Vice-President, Vishwa Ayurved Parishad
Prof. Ashwani Bhargava, General Secretary, Vishwa Ayurved Parishad
Dr. G. Prabhakar Rao, Dy. Medical Commissioner (Ayush), ESIC, New Delhi
Dr. Sushil Dubey, IMS BHU
Dr. Harish Bhakuni, NIA, Jaipur
Dr. Arun Mahapatra, AIIA, New Delhi
Dr. Ranjit Puranik, Shree Dhootapapeshwar Ltd
Dr. Wasantha J. Wickramarachchi, Srilanka
Dr. Anil K Shukla, Mumbai
Dr. Ashwini Kamboj, Chairman, Uttarakhand Ayurveda College, Dehradun
Dr. J.P. Singh, Chairman Shree Dhanwantari Pharmacy, Amritsar
Dr. Rishab Jain, Chairman Quadra Ayurveda Institute, Roorkee
Mr. Munish Saini, Chairman OM Group of Colleges, Roorkee

SPONSORSHIP
Ayurveda Pharmaceutical Companies are welcome for sponsorship
Guidelines for submission of abstract

The abstracts are invited as per the theme of the seminar. The contents of abstract should include background, objectives, methods, results and conclusions. The title should be in capital and in bold followed by name of authors (with first name first, then middle name followed by family name) and their institutional address with email address of the corresponding author. Do not append degrees, professional designations, etc to names. The name of presenting author should be underlined. The abstract should be typed using Microsoft Word (Times New Roman, font size 12 and 1.5 pt. spacing between lines, limit 250 words). Abbreviations used in the body of an abstract should be defined at their first mention in the text. Abstract should be sent preferably through email to pacseminars@divyayoga.com

Abstract will be considered for presentation, only if they are accompanied by registration fee of presenting author. Normally only one paper is allowed per author, unless prior permission of organizers is taken. Last date for the abstract submission is 10 July 2019. All presenters must fill REGISTRATION FORM and send to organizers. If an abstract is accepted and Presenter does not register, the abstract will be withdrawn.

Guidelines for Oral presentation Time limits

Oral presentations - 05 min

The time limit will be strictly adhered to LCD projectors for use of MS Power Point slides in Windows 7 computers provided. Presenters should be present at the venue at least 15 minutes before the scheduled start of the session and are expected to stay till the end of the session.

Guidelines for poster presentation

Posters size should not exceed 4x3 ft (LxB). Presenters should mount their posters in the assigned area at least 15 minutes before the scheduled start of the session and are expected to be present besides the posters throughout the poster session. Posters should be dismounted immediately after the end of the session.
Aayushkaameeya - 2019
An International seminar on
Integrated approach to Autoimmune Disorders

How to register:

Online method
- Open website www.pac.divyayoga.com
- Click on the scrolling link Aayushkaameeya 2019.
- Detailed brochure will open in a new window.
- Take the printout of the registration form and fill it completely.
- Deposit the registration amount with or without accommodation in the specified bank account and mention that in the registration form.
- Scan the duly filled registration form and receipt of amount deposited and email them to pacseminars@divyayoga.com
- Confirmation of the registration will be sent to you via email or Whatsapp.

Offline Method
- Duly fill the registration form and submit to the organizing committee between 9AM to 4PM (Monday to Saturday).
- Deposit the registration charges with or without accommodation in cash or electronic transfer.
- Confirmation of the registration will be sent to you via email or Whatsapp.