

<b>RESOURCE PERSON LECTURE SCHEDULE</b>				
4th Aug.	Spot Registration & Kit Distribution	08:30 am -09:45am	Spot Registration & Kit Distribution	Spot Registration & Kit Distribution
4th Aug.	<b>Breakfast</b>	<b>08:00 - 9:00 am</b>	<b>Breakfast</b>	<b>Breakfast</b>
4th Aug.	INAUGURATION CEREMONY	10:00 am Onwards	INAUGURATION CEREMONY	INAUGURATION CEREMONY
4th Aug.	<b>Lunch</b>	<b>12:45 am- 01:45 am</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Date</b>	<b>Session</b>	<b>Time</b>	<b>Speaker</b>	<b>Topic</b>
4th Aug.	Session 1	1:45 pm - 2:30 pm	Prof. M. S. Baghel (Former Director Ipgr &A, Gujarat )	Understanding And Management Of Autoimmune Disorders According To Ayurvedic Principles.
4th Aug.	Session 2	2:45 pm -3:30pm	Dr. S. Gopa Kumar(Associate Professor,Department Of Roga Nidana, Gac, Thriruvanthapuram, Kerala)	Role Of Ayurveda In The Management Of Rheumatoid Arthritis.
4th Aug.	<b>Tea Break</b>	<b>3:30pm -3:45 pm</b>	<b>Tea Break</b>	<b>Tea Break</b>
4th Aug.	Session 3	3:45 pm -4:30 pm	Vaidhya Dilip P. Gadgil (Ayurvedic Physician, Pune, Maharastra)	Role Of Ayurveda In The Management Of Autoimmune Hepatitis.

**Day 2 ( 5th August 2019)**

5th Aug.	<b>Breakfast</b>	<b>08:00 - 9:00 am</b>	<b>Breakfast</b>	<b>Breakfast</b>
5th Aug.	Session 1	09:00 am -09:45 am	Dr. Rahul Bansal, Prof. & HOD Preventive and Social Medicine, Subharti Medical College, Meerut	Use of Ayurvedic Herbs in preventing colon cancers through down regulation NF-kB (Nuclear Factor kB)
5th Aug.	Session 2	10:00 am -10:45 am	Prof. G.S. Acharya (Principal Sdm College Of Ayurveda Udupi, Karnataka)	Role Of Ayurveda In The Management Of Psoriasis.
5th Aug.	<b>Tea Break</b>	<b>10:45 am -11:00 am</b>	<b>Tea Break</b>	<b>Tea Break</b>
5th Aug.	Session 3	11:00 am-11:45 am	Dr.Yogesh Pandey (Associate Prof. Pg Department Of Kayachikitsa Ch. Brahma Prakash Ayurvedcharaksansthan, New Delhi)	Role Of Rasayan In The Management Of Autoimmune Disorders.

5th Aug.	Session 4	12:00 am-12:45 am	Dr. Kashinath Samagandi (Assistant professor, PG Department Of Swasthavrittha, Nia, Jaipur)	Role Of Swasthavritta In Prevention Of Autoimmune Disorders
5th Aug.	<b>Lunch Break</b>	<b>12:45 pm- 1:45 pm</b>	<b>Lunch Break</b>	<b>Lunch Break</b>
5th Aug.	Session 5	2:00 pm- 2:45 pm	Patanjali Speaker	
5th Aug.	Session 6	3:00pm - 3:45 pm	Prof. Sunil Kumar Joshi (Director, Rishikul Campus Uau Haridwar, Uttarkhand)	Role Of Marma Therapy In Various Autoimmune Disorders
5th Aug.	<b>Tea Break</b>	<b>03:45 pm- 4:00 pm</b>	<b>Tea Break</b>	<b>Tea Break</b>
5th Aug.	Session 7	4:00 pm- 4:45 pm	Dr. Anurag Varshney (Vice President and Head, Drug Discovery And Development, Patanali Research Institute, Haridwar)	Ashwashila- A Herbo- Mineral Medicine – Attenuates Rheumatoid Arthritis Symptoms In Collagen –Antibody- Induced Arthritis (Caia) Mice Model Through Inhibition Of Il-6/Il-1/ Tnf-/Nfb Signaling
5th Aug.		<b>6:00 pm- 7:30 pm</b>	<b>Cultural Program followed by dinner</b>	

#### Day 3 (6th August 2019)

6th Aug.	<b>Breakfast</b>	<b>08:00 - 9:00 am</b>	<b>Breakfast</b>	<b>Breakfast</b>
6th Aug.	Session 1	9:30 am -10:15 am	Dr. Prakash Mangalasseri (Department Of Kayachikitsa, Vpsy,Kottakal, Kerala	Improtance of Panchakarma & Rasayana in the management of Connective Tissue Disorders
6th Aug.	Session 2	10:30 am-11:15 am	Prof. B.M. Singh, HOD , Department Of Balroga, Banaras Hindu University , Varanasi (U.P.)	Prevention And Management Of Autoimmune Disorders Specific To Rhematoid Arthritis In Children : An Integrated Purview
6th Aug.	<b>Session 3</b>	<b>11:15am -11:30am</b>	<b>Tea Break</b>	<b>Tea Break</b>
6th Aug.	Session 4	11:30 am-12:15 pm	Dr. Sanjay Pokhrael, Dean , Institute Of Ayurveda Nepal Sanskrit University, Dang, Nepal	Concept Of Vyadhikshamatva In Autoimmune Disorders
6th Aug.	Validictory Function	01:45 pm - Till The End	Guest Of Honor Will Be Honourable <b>SHRIPAD YESSO NAIK JI, AYUSH MINISTER</b>	Tea Break Will Be In Between The Program From 3:30 pm - 3:45 pm

## ORAL PRESENTATIONS

### SCIENTIFIC SESSION- 1

Session Theme : Basic concepts

Date : 04-08-2019

Venue : Hall 1/ Shraddhalayam

Time : 02:00 PM to 03:30 PM

Sr.No.	Name	Title
1.	Dr. S. Swaminathan	Role of Ama to initiate the Autoimmune disorder and its management
2.	Dr. Khushal Kumar	Fundamental approach of Ayurveda towards Autoimmune Disorder
3.	Vasu Singh	Role of Ama to initiate the Autoimmune disorder and its management
4.	Ashvinee N. Vasava	To understand the concept of Shatkriyakala for pathophysiology of disease
5.	Dr. Nishant Paika	Role of Shat-kriya kala in understanding auto-immune disorders w.s.r to Aamvaat.
6.	Hemangini Dubey	Concept of autoimmunity w.s.r. to Prakriti and epigenetics
7.	Dr.Richa Tiwari	Role of Prakriti and Garbhaj Bhavas in causation of Autoimmune disorder
8.	Dr. Lalit Tiwari	Role of Garbhaja Bhava In Autoimmune Disorders
9.	Dr. Urmila Mourya	Trividha roga ayatan in relation to autoimmune ear disorder (a conceptual study)
10.	Dr. Deepak Verma	Sushruta Samhita : etiopathogenesis and conservative therapies for the management of Non-life- threatening autoimmune disease
11.	Shipra Dwivedi	Role of Prakriti & Garbhaja Bhavas in causation of Autoimmune disorder

### SCIENTIFIC SESSION- 2

Session Theme : Basic concepts

Date : 04-08-2019

Venue : Hall 2/ Rajeev Dixit Bhawan

Time : 02:00 PM to 03:30 PM

Sr.No.	Name	Title
1.	Dr. Karunakar G V	Fundamental approach of Ayurveda towards autoimmune disorders
2.	Amrita Dogra	Concept of Ama in relation with autoimmunity and autoimmune disorders
3.	PrashantSinghYadav	Role of ama to initiate the autoimmune disorders and its management
4.	Dr.Priyanka Barkade	Role of Shat-kriya-kala in understanding autoimmune disorders
5.	Aakanksha Sharma	Role of ama to initiate the autoimmune disorder and its Management
6.	Akansha Verma	Role of ama to initiate the autoimmune disorders and its management
7.	Rahul Anand	Fundamental approach of ayurveda towards autoimmune disorders
8.	Ajit Kumar Singh	Role Of Ama in autoimmune disorder & its management
9.	Dr. Kirti	Ayurvedic approach on systemic lupus erythmatosus
10.	Dr. Rajni Rani	Role of Ama to initiate the Auto-immune Disorders and its management
11.	Dr. Jyotsna Awasthi	Role of Ama to initiate the autoimmune disorders and its management w.s.r to RA

### SCIENTIFIC SESSION- 3

Session Theme : Preventive approach

Date : 04-08-2019

Venue : Hall 1/ Shraddhalayam

Time : 03:45 PM to 05:15 PM

Sr.No.	Name	Title
1.	Dr. Ravi Dabas	Importance of Vyadhi Kshamatva in Autoimmune disease
2.	Dr. Nisha	Role of yoga in management of Amavata w.s.r. rheumatoid arthritis
3.	Shah Neha	Concept of Trayopstanbha in preventing autoimmune disorders
4.	Dr. Laxmi Devi	Role of Garbha Sanskara in prevention of autoimmune disorders
5.	Dr. Urvashi Sharma	Viruddhahara and its role in autoimmune disorders

6.	Dr.DurgeshSenthiya	A systematic review on the concept of vyadhi kshamatva in autoimmune disorders
7.	Nikita Sharma	An applied aspect of “Ahara sambhamvastu Rogashchaaharsambhavah” wsr to Psoriasis
8.	Sushrut Dilip Gadgil	Application of Suvarna prashana as a preventive aspect in autoimmune disorders.
9.	Bhaskar Gaur	Viruddha aahar and auto immune disorders
10.	Dr.Rashi Dhasmana	Concept of vyadhikshamatva in autoimmune disorders

#### SCIENTIFIC SESSION- 4

**Session Theme : Preventive approach**

**Venue : Hall 2/ Rajeev Dixit Bhawan**

**Date : 04-08-2019**

**Time : 03:45 PM to 05:15 PM**

Sr.No.	Name	Title
1.	Raturi Deepshikha	Concept of Viruddha Ahara in autoimmune disorders
2.	Dr. Aabha Sharma	Concept of Vyadhikshamatva in autoimmune disorders
3.	Dr.AbhinavDiwakar	Inflammatory bowel disease (IBD) a autoimmune disease and ayurveda
4.	Dr. Antony Paul	Prevention of psychosomatic triggering factors of rheumatoid arthritis
5.	Dr Shalinee	Concept of Vyadhi kshamatva in autoimmune disorders in women
6.	Dr. Suman	Practical approach to Trayopastambha in preventing auto immune disorders
7.	Nisha Aggarwal	Importance of swasthavritta in prevention of auto immune disorders
8.	Dr. Nisha Pancholi	Satmya- “a channel for better health”
9.	Dr. Krishna Kumar	Concept of vyadhi kshamatva in autoimmune disorders
10.	Dr.AbhisekRajpurohit	Modern food habits and increasing risk factors of autoimmune disorders wsr. Viruddha-ahar

#### SCIENTIFIC SESSION- 5

**Session Theme : Diagnostic approach**

**Venue : Hall 1/ Shraddhalayam**

**Date : 05-08-2019**

**Time : 10:00 AM to 11:30 AM**

Sr.No.	Name	Title
1.	Shuchi Dubey	Role of stress in the origin of autoimmunity w.s.r. to Trividha personality
2.	Dr Megha Gupta	Antiphospholipid antibody syndrome – a cause of recurrent abortion (Garbhasrava/ Garbhapata)
3.	Anita Choudhary	Significance of Nidana Panchaka in Prognosis of Autoimmune disorders: A Conceptual Study
4.	Rashmi Bhatt	Understanding the pathogenesis auto immune diseases in the light of ayurvedic view of digestion and metabolism.
5.	Baishno Gupta	Role of Ama in pathogenesis of autoimmune disorders w.s.r. to RA
6.	Dr. Bhavin Patel	Asamyak Nindra (Improper sleep): A factor for Autoimmune Disease.
7.	Negi Deepti	Ama : A basic causes of diseases
8.	Athul T. P.	Understanding the role of Vyadhikshamatva by analyzing the relation between HLAB27 and Ankylosing spondylitis in the context of Autoimmunity.
9.	Dr. Himanshu Chouhan	An Ayurved view of Celiac Disease: Nidana Panchaka & Chikitsa
10.	Dr. Priyanka Teva	Immunology in recurrent Pregnancy Loss
11.	Dr. Yogikumar Kacha	Role of Dhatvagni in the pathogenesis of an autoimmune diseases

**SCIENTIFIC SESSION- 6****Session Theme : Management****Venue : Hall 2/ Rajeev Dixit Bhawan****Date : 05-08-2019****Time : 10:00 AM to 11:30 AM**

Sr.No.	Name	Title
1.	Dr. A P Nayak	A comparative study of shaman chikitsā after vamana in the management of hypothyroidism w. s. r. to Kaphaj Galaganda
2.	SarmahJyoti Manab	Role of basti in systemic autoimmune disease- in the context of hygiene hypothesis
3.	Dr.ArchanaMeena	Ayurvedic management of SLE (An Autoimmune)
4.	Priyanka Mourya	A case study – Ayurvedic management of Ankylosing Spondylitis
5.	Dr Deepak Pathak	A case study; an Ayurvedic perspective of Dry eye syndrome.
6.	Dr.AbhinavDiwakar	A overview of Autoimmune diseases and management according to Ayurveda
7.	Deepti Sharma	A comparative clinical study on effect of Laghumanjsthadi ghana after shodhana (vamana & virechana) and methotrexate in the management of Mandala kushtha w.s.r. to psoriasis
8.	Divya Vij	Response of Single Drug Therapy on Rheumatoid Arthritis: A Review
9.	Ajay Ku Yadav	Efficacy of churna basti in the management of amavata w.s.r RA: a case study
10.	Chaitali Kakadiya	A single clinical case study of advance stage of rheumatoid arthritis w.s.r. to Amavata managed by Ayurveda
11.	Dr. Nidhi Patel	Safety and efficacy of ayurvedic formulations in the management of psoriasis – a systemic review

**SCIENTIFIC SESSION- 7****Session Theme : Management****Venue : Hall 1/ Shraddhalayam****Date : 05-08-2019****Time : 11:45 AM to 01:15 PM**

Sr.No.	Name	Title
1.	Ashok Kumar Panda	Clinical success stories of organ specific Auto immune diseases w.r.t liver and kidney.
2.	Ashutosh Pandey	Role of ayurvedic herbo-mineral preparations in the management of RA (amavata)
3.	Dr. Chintan J. Bhatt	An observational clinical study of multimodal ayurved treatment in amavata (RA)
4.	Vd. Savita Prajapati	Role of erand and haritaki in auto-immune disease with special reference to amavata
5.	Dr Komal Bisht	Ayurvedic management in dry eye: a case study
6.	Dr. Urvi Kaushik	Understanding and management of Antiphospholipid antibody- a cause of recurrent Miscarriage, through Ayurveda
7.	Dr. Bijay Shrestha	Ayurvedic management of scleroderma -a case study
8.	Dr Prabhat Kumar	Case study on the ayurvedic management of guillain barre syndrome
9.	Dr. Arif Khan Goran	Efficacy of ayurveda rx protocol in the management of ulcerative colitis w.s.r. to Pravahika
10.	Rishi Kumar Tiwari	Role of herbomineral preparation
11.	Dr Kanchan	A case study on the ayurvedic management of a vascular necrosis

**SCIENTIFIC SESSION- 8****Session Theme : Management****Venue : Hall 2/ Rajeev Dixit Bhawan****Date : 05-08-2019****Time : 11:45 AM to 01:15 PM**

Sr.No.	Name	Title
1.	Vaidya Sanjay Sinha	Role of Ayurvedic medicine in chronic renal failure (C.R.F.) :- A Case Study
2.	Dr.Tanvi Sood	Understanding of auto-immune diseases and its managment by ekal aushadha (single herb)
3.	Kiran Krishniya	A comparative clinical study of ayurvedic formulations for shvitra wsr to leucoderma
4.	Dr. Pooja	Role of kshara basti and panchsama churna in the management of amavata w.s.r. to R.A
5.	Lokesh Sharma	Rasayana –boon in autoimmune diseases
6.	Satyavati	A case study: effect of ayurvedic treatment in the management of lichen planus
7.	Shalini	Effect of single drug therapy on multiple sclerosis: an autoimmune disease
8.	Dr. Alka Sharma	A critical understanding of irritable bowel disease –an autoimmune disorder and its ayurvedic parlance and management according to ayurvedic principles –a case study
9.	Dr. Deepthi S	A single case study on psoriatic arthritis
10.	Dr. Chaitra. B.	A single case study to evaluate the efficacy of virechana karma in psoriatic arthritis w.s.r to Vatarakta
11.	Dr. Archana Arya	Effect of Rasayana in autoimmune diseases

**SCIENTIFIC SESSION- 9****Session Theme : Management****Venue : Hall 1/ Shraddhalayam****Date : 05-08-2019****Time : 02:00 PM to 03:30 PM**

Sr.No.	Name	Title
1.	Vd. Shailej Gupta	Psoriasis a case study
2.	Dr. Avani Patel	Exploration of hidden remedies to counter autoimmune diseases (rheumatoid arthritis)
3.	Dr. Deepti Negi	Role of Kriyakalpa and Panchkarmain Uveitis w.s.r. To sashophakshipaka
4.	Shushmita Sharma	Management strategies of Pittaj adhimanth vis-a-vis uveitis: a narrative review
5.	Dr.Twinkal Rathod	Safety and efficacy of guggulu formulations in the management of rheumatoid arthritis-
6.	Sharma Lalita	Panchakarma a ray of hope in the management of ankylosing spondylitis : a case study
7.	Dr. Radhika Gupta	Significance of rasayana in the management of autoimmune disorders
8.	Bhanupriya	Role of Rasausadhies: an amazing inheritance of ayurveda in psoriasis (ekakustha)
9.	Rakhi Joshi	Psoriatic arthritis- an ayurvedic approach
10.	Pinkesh Ku. Sahu	A case study on the management of pustular psoriasis (charmadala)
11.	Amrita	Understanding and management of amavata according to ayurveda principles.

**SCIENTIFIC SESSION- 10****Session Theme : Management****Venue : Hall 2/ Rajeev Dixit Bhawan****Date : 05-08-2019****Time : 02:00 PM to 03:30 PM**

Sr.No.	Name	Title
1.	Dr.Preeti Pahwa	Successful Management of Thyroid disorder through Ayurveda - A case study
2.	Chaithra K S	Role of Panchakarma along with physiotherapy in the management of GB syndrome in pediatric age group
3.	Dr. Akanksha	Role of ayurveda in the management of sjogren's syndrome
4.	Vd. Neha Jolly	Critical review of various ayurvedic modalities in the management of autoimmune disorders w.s.r. to sjogren's syndrome.
5.	Gracy Sokiya	A case study- marked improvement in anti-Ds DNA, Proteinuria in SLE (Vatarakta) with Lupus Nephritis through Ayurvedic management
6.	Vishala Kala	A case study – management of ulcerative colitis through ayurveda
7.	Neha Uniyal	Understanding and management of autoimmune disorders according to ayurveda principles
8.	Garima Rathore	Case study: effect of multidrug therapy on diabetic foot
9.	Julika	Romasanjanana lepa: a herbo-mineral preparation in Inderlupta
10.	Dr Richa Singh	A case study–chronic inflammatory demyelinating polyneuropathy (CIDP) through ayurveda
11.	Keerthy S Namboodiri	An ayurvedic approach to juvenile rheumatoid arthritis-a case study

**SCIENTIFIC SESSION- 11****Session Theme : Management****Venue : Hall 1/ Shraddhalayam****Date : 05-08-2019****Time : 03:45 PM to 05:15 PM**

Sr.No.	Name	Title
1.	Preeti Pandey	Role of leech therapy and jatyadi taila on complication of autoimmune disease diabetes – diabetic foot ulcer (a case study),
2.	Dr Lolashri S J	Clinical Trials on the role of Panchakarma in Autoimmune disorders w.s.r. to Ekakushta (Psoriasis) and Amavata (Rheumatoid Arthritis)”
3.	Dr. Neha Karnavat	Role of Vaman therapy in the management of Kitibha Kushtha (psoriasis) - A case study
4.	Virendra Hada	A Clinical Study to evaluate role of Shodhana (Vaman, Virechna) & Shamana (Shashanklekhadi Ghana Vati) in the management of Mandal Kushtha w.s.r. to Psoriasis
5.	Dr. Manjula	An observational study to evaluate the efficacy of lepa chikitsa in amavata
6.	Shailza Parashar	Management of Alopecia areata through Ayurveda- A Case Study
7.	Dr Bhargavi P	An ayurvedic approach to autoimmune disease w.s.r to Hashimoto thyroiditis
8.	Pooja Sinha	An ayurvedic management of autoimmune hepatitis
9.	Jaya Singh Kharson	Autoimmune inner ear disease (AIED) : An ayurvedic approach
10.	Gayatri	Case study : Multiple drugs for Parikartika

**SCIENTIFIC SESSION- 12****Session Theme : Management****Venue : Hall 2/ Rajeev Dixit Bhawan****Date : 05-08-2019****Time : 03:45 PM to 05:15 PM**

Sr.No.	Name	Title
1.	Devesh Panwar	Fundamental approach of ayurveda towards management of psoriasis

2.	Priya Patel	Ocular manifestations in autoimmune disorders & its ayurvedic management.
3.	Dr. Swati Verma	Role of Nasya karma in management of hair loss in context of Alopecia areata
4.	Pretya Juyal	Role of Panchmuladi kala basti in the management of amavata (rheumatoid arthritis)
5.	Arpita Gupta	Role of rasayana chikitsa in auto-immune disease with special reference to amavata
6.	Sunita	Role of Rasayana in Autoimmune Diseases
7.	Anupma Rai	A case study – management of hypothyroidism through Ayurveda
8.	Dr. Priyanka P .S	Ayurvedic perspective of immune thrombocytopenic purpura (ITP) in children – scope in management and research
9.	Deepa Sharma	Immunomodulator effects of Amla : A review
10.	Dr. Pinkee	Ayurveda management of scleroderma (autoimmune disease) through samshamana & shodhana therapy - A case study

### SCIENTIFIC SESSION- 13

**Session Theme : Management**

**Venue : Hall 1/ Shraddhalayam**

**Date : 06-08-2019**

**Time : 09:30 AM to 11:00 AM**

Sr.No.	Name	Title
1.	Dr. Seetharamu M. S	Efficacy of Arogyavardhini rasa as rasayana in Ekakushta
2.	Shivani Sharma	Piyushvalli Rasa: Kajjali based herbomineral preparation for Celiac Disease
3.	Dr. Anuja Kumari	Non-Infective Scleritides and its Ayurvedic management
4.	Manoj Kumar Prajapati	Antibacterial activity of Sphaeranthus indicus & Plumbago zeylanica against some selected human pathogenic bacteria
5.	Neha Singh	Understanding and management of Psoriasis acc. to Ayurvedic principles
6.	Dr. Rakesh Mishra	A Comparative Clinical Study of Effect of Virechana Karma & Shirodhara Karma in The Management of Kitibha w.s.r. To Psoriasis
7.	Dr. Jyoti	Role of Panchkarma in management of Psoriasis : an autoimmune disease
8.	Anjum Moh. Metkari	Role of panchakarma and kriyakalpa in the management of sjogrens syndrome
9.	Rakhi Nautiyal	Ekala dravyas in management of autoimmune disorders
10.	Neetu Singh	Importance of swasthavrita in prevention of autoimmune disorder-sutika swasthvitam

### SCIENTIFIC SESSION- 14

**Session Theme : Management**

**Venue : Hall 2/ Rajeev Dixit Bhawan**

**Date : 06-08-2019**

**Time : 09:30 AM to 11:00 AM**

Sr.No.	Name	Title
1.	Vd. Vinamra Sharma	“Reverse Pharmacology” and “Bedside to Bench” approach of Ayurvedic medicines in the prevention and management of autoimmune diseases
2.	Vd. Ekta Tomar	Guduchi- in the management of autoimmune disorders
3.	Dr. Deepasha Vyas	Gunja (Abrus precatorious linn) - A Saviour to the sword of Alopecia aerate
4.	Dr. Pooja Abhani	Management of advanced stage of rheumatoid arthritis w.s.r. to Pravardhmana amavata by ayurvedic approach: a case study
5.	Dr. Rashmi Agari	Role of Panchkarma and Kriyakalpa in The Management of Psoriasis – A Case Study



6.	Dr. Vishal Saxena	Auto immune disorder v/s adjuvant therapy
7.	Dr.Vivek Dalal	Role of Rasayana in the management of Aamvata : an autoimmune disease
8.	Radhika Pukal	Clinical evaluation of Panchamrita Parpati-kalpa in the management of Grahani roga w.s.r to ulcerative colitis
9.	Dr Neha Chalmela	Role of Trikatu Churna in the management of Ama (undigested food)
10.	Dr. Nitika Sharma	Nitya virechana as a treatment modality to cure auto-immune disorders.
11.	Dr. Shobharamsen	Management of Rheumatoid arthritis through ayurvedic Panchakarma

### SCIENTIFIC SESSION- 15

**Session Theme : Management Venue : Hall 1/ Shraddhalayam**

**Date : 06-08-2019 Time : 11:15 AM to 12:45 PM**

Sr.No.	Name	Title
1.	Karishma	Yoga and naturopathy in the management of autoimmune disorders
2.	Avani Satasiya	Role of Panchakarma in the Management of Psoriasis - A Case Study
3.	Swati Rawat	Evaluation of diet and lifestyle in the etiopathogenesis of amavata wsr RA
4.	Dr Nilakshi Deore	Thyroid dysfunction autoimmunity and reproductive health
5.	Parul Chauhan	Practical approach to Trayopstambha in preventing autoimmune disorders
6.	Ramita Maharjan	Study of Phytochemical Constituents and Antioxidant study of Jeevaka [Crepidium acuminatum (D.Don)- a new hope for Autoimmune Diseases
7.	Dr.Manoj Kumar Patel	Role of viruddha ahara as a causative factor of aamavata roga w.s.r. to virya viruddha- a review study
8.	Aditya Jayant Jahagirdar	Role of Deep breathing technique and Ayurved life style in management of Flare-up episode of autoimmune urticaria
9.	Deepa Sigaroha	Role of Yoga in Prevention of Autoimmune Disorders
10.	Dr Ritesh	Role of Panchkarma in systemic lupus erythematosus

### SCIENTIFIC SESSION- 16

**Session Theme : Autoimmune disorders- Faculty**

**Venue : Hall 2/ Rajeev Dixit Bhawan**

**Date : 06-08-2019**

**Time : 11:15 AM to 12:45 PM**

Sr.No.	Name	Title
1.	Dr. C Sahana	Role of Trividha Roga Ayatana in Auto Immune Disorders
2.	Dr. Jyoti Rani	Autoimmunity: understanding through Dooshivisha
3.	Dr. Pawan K. Panghal	Yoga – A Scientific Approach In Prevention Of Autoimmune Disorders
4.	Dr. Hemlata Soni	Role of Vamana karma and Shashankalekha ghana vati in Mandala kushtha (psoriasis): A case study.
5.	Dr Amit Rathi	Randomized comparative clinical study evaluating the effect of Guduchi Rasayana in Amavata
6.	Dr. Ravi S. Varma	Significance of Rasayana in the management of Autoimmune Disorders
7.	Dr.KartarSinghBansal	A case study to evaluate the treatment of vitiligo w.s.r. to switra
8.	Dr. Sasane Prashant	Role of Vamanottar Shamana Therapy with Madhyam Manjishthadi Kwatha and Kushthaghna Mahakashaya in the management of Ekkushtha w.s.r. To Psoriasis – A Randomized Controlled Clinical Trial
9.	Dr Abhishek Bhushan Sharma	A case study-success story of management of idiopathic thrombocytopenic purpura (ITP) ayurveda
10.	Vd.YogeshK.Sisodiya	Thyroid eye disease and its management according to ayurved
11.	Dr. Srishti Dhyani	Therapeutic potential of curcuma longa l. In autoimmune diseases as an immunosuppressant drug : A Review

12.	Dr. Neha Arya	Rasayana Chikitsa: An Antioxidant approach in the management of Systemic Lupus Erythematosus
13.	Dr. Daya Shankar Singh	An ayurveda treatment approach for the management of hair loss (advanced stage of Alopecia areata): A case study

## POSTER PRESENTATIONS

**Session- 01**

**Venue : Main Hall / Shraddhalayam**

**Date: 05-08-2019**

**Time : 09:00 am to 12:00 noon**

Sr.No.	Name	Topic
1.	Dr. Tariq Jagmag	Low dose interleukin 10 and anti interleukin 1 in treatment of endometrial hyperplasia and RA
2.	Tejas Mishra	Role of shat-kriya kala in understanding autoimmune disorders.
3.	Dr. Nidhi Soni	Curcuma longa: an elixir of autoimmune disorder (type i dm)
4.	Dr. Ratna Paraste	Clinical evaluation of efficacy of Alambushadi ghana vati and Vaitarana basti in the management of Amavata w.s.r. to RA
5.	Preeti Vashist	Rasayana Prayoga in autoimmune disease
6.	Geetanjali Tiwari	Management of autoimmune diseases through Rasayan
7.	Dr. Balraj Tamta	Concept of Vyadhikshamatav in auto immune disease
8.	Dr. Prachi Patni	Role of Panchakarma in management of psoriasis (autoimmune disease)
9.	Dr. Preeti	Role of 'Rasayana chikitsa' in the management of autoimmune disorders w.s.r to amavata
10.	Anila MS	Role of Ama in the Samprapti of auto immune disease
11.	Palak Rathod	Understanding autoimmune disorders with respect to Virrudha ahara
12.	Semwal Aarti	Holistic approach of Ayurveda in Alopecia areata (Khalitya)
13.	Harshitha K S	Clinical evaluation of efficacy of ajamodadi vataka and erandadi kwatha in the management of amavata wsr to RA
14.	Deepali Ahirwar	An overview on role of prakriti and garbhajbhava in causation of auto immune disorders.
15.	Dr. Sapna Negi	Role of rasayana in prevention of autoimmune Disorder
16.	Dr. Khyati	Preventive approach to autoimmune disorders through swasthavritta
17.	Urvashi	Approach of ayurveda towards autoimmune disorders
18.	Ramraj Singh	Role of ama to initiate the autoimmune disorders w.s.r. To rheumatoid arthritis
19.	Babita Kumari	Role of yoga in prevention of autoimmune disorders
20.	Ditiksha Chaudhari	Incompatible food concept in ayurved and its justification for causing autoimmune disorders
21.	Devesh Jaiman	A case study on scleroderma and its ayurvedic management.
22.	Dr. Harsh Sharma	Understanding and management of autoimmune disorders through ayurveda w.s.r. amavata
23.	Manoj K. Gautam	Immunomodulatory effect of rasayana dravya: a review study
24.	Dangwal Avdesh	Fundamental approach of ayurveda towards autoimmune disorders
25.	Dr. Neha Bhanot	Efficacy of ayurveda treatment (shodhana therapy) in the management of psoriasis w.s.r. to eka kustha
26.	Dr. Preeti Verma	Significance of rasayana in the management of autoimmune disorders
27.	Dr. Preeti Pandey	Significance of rasayana in the management of autoimmune disorders

28.	Dr. Veena Kumari	Critical understanding of rheumatoid arthritis –an autoimmune disorder w.s.r to amavata –on the grounds of ayurvedic principles and management –a case study
29.	Dr Simi Scaria	An ayurvedic approach in the management of amavata w.s.r. to RA : a case study
30.	Dr Megha Shukla	Critical analysis of autoimmune disorders w.s.r. of Charaka Samhita

**Session - 02**

**Date: 05-08-2019**

**Venue : Main Hall / Shraddhalayam**

**Time : 02:00 pm to 05:00 pm**

Sr.No.	Name	Topic
1.	Ritunanda Tripathi	Viruddha Aahara vis-a-vis autoimmunity –a conceptual study
2.	Rana Sweety	Role of Trayopastambha for prevention of autoimmune disease
3.	Dr. Rajni Bhardwaj	Significance of Rasayana in the management of autoimmune disorders.
4.	Dr. Upasna	Ayurveda a boon for auto-immune disorders
5.	Harsha Radhakrishnan	Concept of Viruddha ahara in autoimmune disorders
6.	Dr Kitthu Suresh	Effect of Nityavirechana in psoriasis-a case study
7.	Aradhna Saklani	Erand a complete treatment for amavata
8.	Nidhi Tiwari	Ethnomedicinal plants used for RA by Baiga Tribe in Baihar Tehsil Balaghat District, MP
9.	Ajay Chhabra	Management of amavata ( rheumatoid arthritis)- a case study
10.	Dr. Yashdeep	Ayurvedic management in psoriatic arthritis
11.	Dr. Preeti Prajapat	Ayurvedic management of psoriasis
12.	Neha Rai	Role of Kriya Kala in Amavata
13.	Dr. Namrata Singh	Role of Mahamanjishthadi Kwath in the treatment of psoriasis: an autoimmune disease
14.	Dr. Zeba Malik	Role of Rasayana Chikitsa in auto-immune disease wsr to ankylosing spondylosis
15.	Kumari Anupama	Role of Vardhmaan Pippli Rasayana in Amavata (RA)-an autoimmune disorder.
16.	Pooja Singh	Usage of Ekala dravyas in the management of autoimmune disorders
17.	Pushkar S. Bhakuni	Role of agni and ama in the manifestation of amavata-an autoimmune disorder
18.	Sujata Sharma	Role of Aam to initiate autoimmune disorders and its management
19.	Dr. Pushraj Tiwari	Role of Ama to initiate the auto immune disorder and its management
20.	Sadaf Khan	Role of ama to initiate the autoimmune disorders and its management
21.	Dr. Ashwini	A Role of Panchakarma in the management of RA according to Shadkriyakala w.s.r. to amavata
22.	Dr. Chitra	Understanding the concept of virudhahara in genesis of autoimmune disorders
23.	Vijay Bh. Sharma	Utility of Guduchi (Tinospora cordifolia) in the management of autoimmune disorders
24.	Varsha	A literary review on shwitra w.s.r. vitiligo
25.	Yogesh K Sharma	An ayurvedic review on Psoriasis w.s.r Kshudrakustha

26.	Dr.Sowmya K.S	A Hypothetical analysis of Multiple sclerosis and its Ayurvedic management
27.	Preeti Choudhary	Ayurvedic approach to Sjogren's syndrome
28.	Romesh K Jaiswal	Concept of ama with special reference to an auto immune disorder i.e. RA (ama vata): A Review Article
29.	Akanksha Chauhan	Role of Shat Kiryakala in autoimmune disorders w.s.r. Amavata
30.	Savitri	Usage of Ekala Dravyas in the management of autoimmune disorders

**Session - 03**

**Date: 06-08-2019**

**Venue : Main Hall / Shraddhalayam**

**Time : 09:00 am to 12:00 noon**

S.No.	Name	Topic
1.	Dr Jyoti	Efficacy of Vamana and Virechana in management of psoriasis
2.	Vandana	Role of Rasayan as immunomodulator in autoimmune disease
3.	Singh Pankaj	Aam and autoimmune disorder a critical study
4.	Deepti Durgapal	Role of Prakriti and Garbhaja Bhavas in causation of Autoimmune Disorders
5.	Divya Aswal	Role of Vaitaran Basti in rheumatoid arthritis
6.	Lata Melkani	Role of herbo- mineral preparations in rheumatoid arthritis
7.	Pyrinka Panchola	Rheumatoid arthritis
8.	Ashis Das	Conceptual study on the management of autoimmune disorders – an ayurvedic perspective
9.	Yashoda Rawat	Herbal management of psoriasis : improving quality of life
10.	Akansha Gupta	Role of Garbhaja bhavas in autoimmune disorders
11.	BhanupriyaKaushik	Role of Panchakarma in management of ankylosing spondylitis
12.	Pragya Sharma	Role of Rasayana in different autoimmune disorders: a review
13.	Dr. Rashmi Joshi	The concept of Vyadhikshamatva (immunity) in ayurveda
14.	Dr.Sharuti Sarin	Significance of rasayana in the management of autoimmune disorders
15.	Rukmani Sharma	Mode of action of rasayana in auto immune disorder
16.	Dr. Abhilasha Sahu	Understanding and management of vitiligo (shvitra) according to ayurveda principles
17.	Ms. Mridulika	Meta-analysis of modern research studies w.r.t. etiological factors of autoimmunity as per ayurveda
18.	Dr. Abhilasha	Sjogren's syndrome and its ayurvedic management
19.	Dr.Monika	Role and modulatory effective action of rasayana therapy in amvata
20.	Bushra	Role of ayurvedic herbs in amavata
21.	ShivamRaghuvanshi	Fundamentals of ayurveda on autoimmune disorder
22.	Dr.Divya Badwal	Practical approach to trayopstambha in preventing autoimmune disorder
23.	Sandhya Maurya	Psoriasis
24.	Dr. Rajni Patel	Role of Haridra (Curcuma longa) in the treatment of systemic lupus erythematosus (SLE)
25.	Dr. Shivani Patkar	Role of Yoga and Naturopathy in the Management of Autoimmune Disorder
26.	Dr. Garima	Significance of rasayana in the management of autoimmune disorders