

PATANJALI BHARTIYA AYURVIGYAN EVAM ANUSANDHAN SANSTHAN, HARIDWAR
Research Publications

Dr. Monika Chauhan
rofessor, Department of Prasuti Tantra & Stri Roga,

S.N o.	Name of Journal/Magazines	Publication detail (Year,volume etc.)	Title of Publication	Authorship	International/ National	ISSN No.
1.	International Ayurvedic Medical Journal	Volume 1; Issue 5; Sept – Oct 2013	UTTAR BASTI IN THE MANAGEMENT OF FEMALE INFERTILITY: AN EVIDENCE BASED REVIEW	1 st Monika chauhan 2 nd Dr.Gayathri Bhat NV	International	23205091
2.	Ancient Science of Life	Ancient Science of Life 2013; 32 (s2):28	A CLINICAL STUDY ON THE EFFECT OF VAMANA IN ANARTAVA WSR TO SECONDARY AMENORRHOEA	Monika chauhan	International	2249-9547
3.	Internatinal Ayurvedic Medical Journal	Oct 2020(doi:10.46607/ iamj.6008102020)	MANAGEMENT OF INFERTILITY BY AYURVEDIC APPROACH - A CASE REPORT	1 st Monika chauhan 2 nd Dr.Rita Makim	International	23205091
4.	World Journalof Pharmaceutical and Medical Research	wjpmr, 2021,7(10), 209-212	MANAGEMENT OF UTERINE FIBROIDS BY AYURVEDA - A CASE REPORT	Dr.Monika Chauhan	International	2455-3301
5.	World Journalof Pharmaceutical and Medical Research	wjpmr, 2021,7(5), 208-211	AYURVEDIC APPROACH TO OVARIAN CYST – A CASE REPORT	Dr.Monika Chauhan	International	2455-3301
6.	European Journal of Pharmaceutical &Medical Research	ejpmr, 2021,8(1), 556-559	MANAGEMENT OF OVARIAN CYST BY AYURVEDIC TREATMENT: A CASE REPORT	1 st Monika chauhan 2 nd Dr.Rita Makim	International	23943211
7.	International Journal of Applied Ayurveda Research	IJAAR VOLUME IV ISSUE VII MARCH - APRIL 2020	ANARTAVA – AN AYURVEDA PERSPECTIVE REVIEW ARTICLE	Monika chauhan	International	2347- 6362

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8.	International Ayurvedic Medical Journal	Sept 2020(doi: 10.46607/iamj.05p 4062020)	CLINICAL EFFICACY OF RAJAH PRAVARTINI VATI IN THE MANAGEMENT OF ARTAVA KSHAYA (OLIGOMENORRHOEA)	1 st Monika chauhan 2 nd Dr.Rita Makim	International	23205091
9.	Scientific Research Journal of Medical Case Reports	Volume-1 Issue-2 Aug-Sep-2021	AYURVEDIC MANAGEMENT OF PCOS WITH INFERTILITY - A CASE STUDY	Monika Chauhan	International	2788-9548
10.	International Ayurvedic Medical Journal	March 2021(doi: 10.46607/iamj17p5 032021)	MANAGEMENT OF TUBAL BLOCKAGE BY UTTARA BASTI – A CASE REPORT	Monika Chauhan	International	23205091

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Research Publications

Dr. N. Sujatha

Professor, Dept. Of Balroga

Paper Publications : National / International:

Sr.No	Topic	Journal/ Magazine	Volume/ Year	Page No.
1	Understanding Muscular Dystrophies in Ayurveda	RashtriyaAyurveda Vidyapeeth, New Delhi	March 2007	79-84
2	Understanding Thyroid Disorders in Ayurveda	Aryavaidyan, Kottakal, Kerala	XXI, (2) Nov. 2007- Jan 2008.	99-102
3	Hepato – protective role of Triphala in Infective Hepatitis: An Experimental and Clinical study	AYU, Gujarat Ayurved University, Jamnagar, Gujarat	29,(3), July –Sep-2008	176-180
4	Scientific analysis of the concept of obesity in Ayurveda	Global Ayurveda Kerala	June-July2008	46-48
5	Ajamoda: A wonder Herb	Global Ayurveda Kerala	April-May2008	26-28
6	Clinical and Experimental evaluation of Katuki Churna in Hepatitis B	Aryavaidyan, Kottakal, Kerala	XXII,(2) Nov. April- June 2009	145-153
7	Clinical trial of some Ayurvedic drugs in the management of Irritable Bowel Syndrome	Renaissance Nagarjuna, Kerala	VII,(3),-July September 2008	17-19
8	Hepatoprotective effect of terminalia chebula, Emblica officinalis, Terminalia bellerica in Infective Hepatitis B	Nam STCT Dholapur New Delhi	Traditional and Alternative MedicineMedicine	324-328
9	Role of Uttara Vasti in Primary dysmenorrhea	AYU, Gujarat Ayurved University, Jamnagar Gujarat	Vol.31, Issue No.2 April- Jun2010.	Page No.
10	Cinical Evaluation of Shilajatu Rasayan in HIV positive cases	AYU, Gujarat Ayurved University, Jamnagar, Gujarat	Vol-31, (1), Jan-March 2010	Page no.29-32
11.	Experimental studies on Katuki, Kalmegh on PCM induced induced hepatotoxicity in Albino rats	The Indian Journal of Bio- Research, Lucknow	Vol-II. Issue No.2, April-June	Page No.109- 119
12	Clinical Evaluation of Shvitrahara Kashaya and Lepa in Vitiligo	AYU, Gujarat Ayurved University, Jamnagar, Gujarat	Jan- Mar 2011, Vol 32, Issue-1	67-69
13.	Role of some Ayurvedic Drugs in Vitiligo and their impact on liver function	Aryavaidyan, Kottakal, Kerala	May-July, 2010, Vol. XXIII, Issue No. 4	221-225

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Research Publications

Dr. Shaveta Shawney,
Professor, Department of Kriya Sharir,

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1	A Study on the Concept of Updhatus in Samhitas	International Ayurvedic Medical Journal (IAMJ)	Author	March 2018; Vol 6; Issue 3
2	Concept of Ahara in Ayurveda	International Ayurvedic Medical Journal (IAMJ)	Author	May 2018; Vol 6; Issue 5
3	Role of Basti over Enteric Nervous System	Deerghayu International	Co- Author	June 2018; Vol 34/2; Issue 134
4	A Review on Homeostasis in Ayurveda	World Journal of Pharmaceutical Research	Co- Author	Vol 7; Issue 14; 2018
5	Physiological Study of Garbhini Paricharya	International Ayurvedic Medical Journal (IAMJ)	Author	Vol 7; Issue 9; Sep. 2019
6	Survey Study on Rakta Kshaya Lakshanas with the Physiological Aneamea Ist. Tri. of Pregnancy	International Ayurvedic Medical Journal (IAMJ)	Co- Author	Vol 7; Issue 10; Oct. 2019
7	An Observational Study on Status of Pranvaha Srotas with the Help of Spirometer in Individuals of different Occupation	World Journal of Pharmaceutical Research	Co- Author	Vol 9; Issue 11; 2020
8	Aquifer Nitrate Concentration and Associated Human Health Risk (Assessment of Haridwar UK India)	Conference: JpGU- AGU Joint Meeting 2020; 24-28 May 2020; Chiba Japan	Author	May 26, 2020
9	Role of Ayurveda in Prevention and Management of Covid-19	World Journal of Pharmaceutical Research	Co- Author	Vol 9; Issue 13; 2020

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10	Review of Anatomy and Physiology of Urinary System w.s.r to Mutravah Srotas	International Ayurvedic Medical Journal (IAMJ)	Author	Sep. 2020; Online; 10.46607/iamj.2408092020
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Dr. Rajesh Mishra
Associate Professor
Department of Dravya
Guna

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1	SPACE is COMPLETELY Odorless	International Journal of Scientific and Research Publications	Co-Author	March 2023
2	Highly useful medicinal plants of Patanjali Herbal Garden, Haridwar, Uttarakhand and special emphasis on their conservation	Medicinal Plants	Co-Author	March 2023
3	A critical analysis of Madanpal Nighantu – An ancient lexicon of Ayurvedic literature	J Ayurveda	Co-Author	2023
4	Brahmalina and Pranalina is two best effective herbal medicines for astronauts	International Journal of Pharmaceutical Research and Applications	Co-Author	May–June 2023
5	Endospermum chinense Benth. : Extended Distributional Record for Arunachal Pradesh, India	Indian Forester	Co-Author	2023

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6	Paederia cruddasiana Prain: A New Distributional Record for Arunachal Pradesh, India	Indian Forester	Co-Author	2023
7	Study of essential oil bearing plants, their composition and Ayurvedic herbalism	JEOPC	Co-Author	2024
8	New plant records from Arunachal Pradesh, Eastern Himalaya	Indian Journal of Forestry	Co-Author	2023
9	Vanshlochan Substitution and Adulteration: Discussions on the Controversy over its Original Source	AYUSHDHARA	Co-Author	2023
10	Note on Extended distribution of Acacia gageana Craib for Arunachal Pradesh, India	Indian Forester	Co-Author	2023
11	Spirulina: A Miraculous alga with Pharmaco-nutraceutical Potential as Future Food	International Journal of Food, Nutrition and Dietetics (Int J Food Nutr Diet.)	Co-Author	2023
12	Nature's Signature in Ayurveda with an Ethnopharmacological Approach: A Narrative Review	Current Traditional Medicine	Co-Author	2024
13	Angda and Pranda is two best effective herbal medicines for Flight crew	International Journal in Pharmaceutical Sciences (Int. J. in Pharm. Sci.)	Co-Author	2023
14	A Randomised Control Trial on Shigrapatra Arka Ashchyotana in Kaphaja Abhishyanda	AYUSHDHARA	Co-Author	2023
15	Withania coagulans Dunal.: A Narrative Review of an Anti-diabetic Shrub of the Desert Biome	The Natural Products Journal	Co-Author	2024
16	Karkatshringi (Pistacia integerrima): Significant Role in Cancer Treatment	International Journal of Pharmaceutical Sciences (Int. J. of Pharm. Sci.)	Co-Author	2024
17	Theory of relativity ($E=mc^2$) plays a key role in Ayurveda	International Journal of Physics and Applications (Int. J. Phys. Appl.)	Co-Author	2024
18	Paryayamuktawali – A composed or revised Ayurvedic text?: A critical analysis based on various evidence	J Ayurveda	Co-Author	2024

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19	Medicinal Uses, Preservation, Promotion and Critical Study of Dashmoola: An Important Component Described in Ayurveda Scripture	Journal of Ayurvedic Herbal and Integrative Medicine	Co-Author	2024
20	A new species of Campanula L. (Campanulaceae) from Western Himalaya, India	Phytotaxa	Co-Author	2024
21	Sonchus palustris (Asteraceae): An Addition to the Indian Flora	Richardiana	Co-Author	June 16, 2024
22	New plant records for the flora of Delhi, India	Richardiana	Co-Author	2024
23	Paspalum orbiculare – An addition to the Flora of Bihar	Phytotaxonomy	Co-Author	2024
24	Ottelia ulvifolia (Hydrocharitaceae): an addition to the flora of India	Richardiana	Co-Author	2024
25	Nardostachys jatamansi play significant role in Insomnia	International Journal of Pharmacognosy and Life Science	Co-Author	2024
26	Swertia chirayita (Roxb.) H. Karst.: A Magnificent Natural Remedy for the Management of Gastrointestinal Disorders	The International Journal of Gastroenterology and Hepatology Diseases	Co-Author	2024
27	Nanotechnology in the Diagnosis and Management of Polycystic Ovary Syndrome: A Systematic Scoping Analysis to Improve Patient Care	Next Research	Co-Author	2024
28	Anisomeles heyneana Benth. (Lamiaceae): A New Distributional Record for Bihar, India	Species	Co-Author	2024
29	Argyreia elliptica (Roth ex Roem. & Schult.) Choisy: A New Distributional Record for North and North-East India	Indian Forester	Co-Author	2024
30	Impact of Biosensors and Biomarkers in Diabetes Care: A Review	Biomedical Materials & Devices	Co-Author	2024
31	Effectiveness of ayurvedic regimens in managing polycystic ovarian syndrome and related comorbidities: an observational study	International Journal of AYUSH	Co-Author	2024

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32	Arctigenin: Harnessing Nature's Power as an Anti-Inflammatory Agent	Current Research in Complementary & Alternative Medicine (Curr Res Cmpl Alt Med)	Co-Author	2024
33	LOLium multiflorum (Poaceae: Pooideae): An Addition to the Exotic Weed Flora of Uttar Pradesh, India	Journal of Economic and Taxonomic Botany	Co-Author	2024
34	On the occurrence of Ipomoea imperati (Convolvulaceae) on mainland India	TAPROBANICA	Co-Author	November 2024
35	Ayurvedic Approaches to Managing Premature Greying of Hair: A Comprehensive Review	Current Cosmetic Science	Co-Author	2025

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36	Phytoetymological Investigation of Flora of Morni hills and its Contemporary Condition for Ecotourism	Indian Forester	Co-Author	2024
37	Hordeum vulgare subsp. spontaneum (Poaceae): An Addition to the Flora of Uttarakhand	Phytotaxonomy	Co-Author	2024
38	Ethnomedicinal Plant Exploration and Traditional Healthcare Practices along the Ganga River: a Journey from Gomukh to Gangasagar, India	Journal of Herbs, Spices & Medicinal Plants	Co-Author	2025
39	Fisetin in the Management of Polycystic Ovary Syndrome: A Comprehensive Review of Mechanisms and Therapeutic Implications	—	Co-Author	—
40	An annotated checklist of plants of Delhi, India	Species	Co-Author	2025
41	Sesbania sesban var. bicolor (Fabaceae): An addition to the flora of Uttar Pradesh (India)	Richardiana	Co-Author	March 13, 2025
42	Ethnomedicinal exploration in remote Himalayan villages along the Bhagirathi River in Uttarkashi, Uttarakhand (India)	Proceedings of the Indian National Science Academy	Co-Author	March 22, 2025
43	Vascular flora and ecological resilience of the Ganga River watershed: a study from Gomukh to Gangasagar	Proceedings of the Indian National Science Academy	Co-Author	2025
44	New Distributional Record of Little-Known Plant Phyllanthus pseudoparvifolius R.I. Mitra & Sanjappa (Phyllanthaceae) from Arunachal Pradesh, India	Indian Journal of Tropical Biodiversity (Indian J Trop Biodiv)	Co-Author	2024

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Research Publications

Dr Vibhu Sudhakar Powar
Assistant Professor
Department of Kayachikitsa

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1	Clinical Evaluation of medohar guggulu and Arjun kwath in the Ayurvedic Management of Dyslipidemia WSR to Medoroga: A Case Study	World Journal of Pharmaceutical and Medical Research	Co-Author	September 2025

Dr Devika Balagopalan
Assistant Professor
Department of Rasashastra
and Bhaishajya Kalpana

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1	Enhancing childhood development with vedic manas yoga: A school Based intervention study	Indian Journal of health sciences and biomedical research	Co-Author	May 2025

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Dr Paridhi Painuly
Assistant Professor
Department of Kayachikitsa

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1.	An Ayurvedic Methodology for Managing Diabetic Dyslipidemia-A Case Report	International Journal of Advanced Research (IJAR)	Author	
2.	An Ayurvedic Approach Towards Management of Acute Pancreatitis: A Case Study	JAIMS	Author	
3.	A Case study on Ayurvedic Management of Chronic Kidney Disease	International Journal of Advanced Research (IJAR)	Author	
4.	An Ayurvedic Methodology for Managing PCOD : A Case Report	JAIMS	Author	
5.	Ayurvedic Management of Cirrhosis of Liver with Portal Hypertension- A Case Report	International Journal of Advanced Research (IJAR)	Author	
6.	An Ayurvedic Case Study on Myeloproliferative Neoplasm W.S.R. to Raktarbuda	International Journal of Advanced Research (IJAR)	Author	
7.	Managing the burden and Implications of Mental health issues with Integration of Ayurveda	Dehradun Law review	Author	September 2024

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Dr. Mudita Negi
Assistant Professor
Department of Kayachikitsa

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1.	A case study on the Ayurvedic management of chronic kidney disease	IJAR	Author	2024
2.	An Ayurvedic approach towards management of Acute Pancreatitis: A case Study	JAIMS	Co Author	2024
3.	Ayurvedic Management of Cirrhosis of liver with portal Hypertension- A case report	IJAR	Co Author	2024
4.	An Ayurvedic Methodology for managing Diabetic Dyslipidemia- A case report	IJAR	Co Author	2024

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Dr. Vandana
Assistant Professor
Department of Kayachikitsa

S.No.	Title of Publication/ Presentation/ Book	Journal /Conference/ Workshop	Author (main or Co-Author)	Date of Publication
1.	A Review Study of the Role of Gudadraka in Pratishyaya (Rhinitis)	WJPR	Co Author	2023
2.	A case study on the Ayurvedic management of chronic kidney disease	IJAR	Co Author	2024
3.	Ayurvedic Management of Cirrhosis of liver with portal Hypertension- A case report	IJAR	Co Author	2024
4.	An Ayurvedic Methodology for managing Diabetic Dyslipidemia- A case report	IJAR	Co Author	2024
5.	An Ayurvedic Methodology for Managing PCOD : A Case Report	JAIMS	Co Author	